

The Power of The Lord's Prayer for Daily Encouragement

This 3-part Bible study works for personal devotion or small groups, blending teaching, reflection, and action.

Section 1: Understanding The Lord's Prayer (Matthew 6:9-13)

Key Focus: The Structure and Meaning of Jesus' Model Prayer

- Our Father in Heaven – Establishes a personal, loving relationship with God (Romans 8:15).
- Hallowed Be Your Name – Calls us to worship before making requests (Psalm 99:3).
- Your Kingdom Come, Your Will Be Done – Shifts our focus from selfish desires to God's divine plan (Proverbs 3:5-6).
- Give Us Today Our Daily Bread – Teaches daily dependence on God's provision (Philippians 4:19).
- Forgive Us Our Debts – Emphasizes repentance and grace (1 John 1:9).
- Lead Us Not Into Temptation, Deliver Us From Evil – A plea for spiritual protection (1 Corinthians 10:13).

Reflection Question: Which part of The Lord's Prayer resonates most with you right now, and why?

Section 2: Finding Strength and Encouragement in The Lord's Prayer

Key Focus: How This Prayer Sustains Us in Difficult Times

- Strength in Surrender – "Your will be done" releases anxiety and invites God's peace (Matthew 11:28-30).
- Encouragement in God's Faithfulness – "Give us our daily bread" reminds us He provides (Matthew 6:33).
- Freedom Through Forgiveness – "Forgive us our debts" breaks chains of guilt (Psalm 103:12).
- Victory Over Spiritual Battles – "Deliver us from evil" affirms God's protection (James 4:7).

Application Exercise: Write down one area of life where you need God's strength, then pray The Lord's Prayer over it daily this week.

Section 3: Applying The Lord's Prayer in Daily Life

Key Focus: Practical Ways to Live Out This Prayer

Morning: Start with "Our Father" – Approach God with gratitude.

Midday: Pray "Your will be done" – Surrender control in decisions.

Evening: Reflect on "Forgive us" – Examine your heart before sleep.

Group Discussion: Share a time when praying The Lord's Prayer brought you peace or breakthrough.

Closing Prayer: "Lord, teach us to pray as Jesus did—with faith, surrender, and expectation. Amen."